

# KERALA KITCHEN TO GO

## CURRY

### CHICKEN

**KERALA COCONUT** €12.45  
Aromatic south Indian curry with coconut and black pepper - tempered with mustard seeds and curry leaves. Our signature dish (m)

**CHETTINAD** €12.45  
A fragrant, rich curry with coconut, mustard seeds, star anise and black pepper. Packs a punch (m)

**TWISTED TIKKA MASALA** €12.45  
Chicken simmered in a mild, silky, tomato sauce, with fenugreeek (k)

**ANDHRA** €12.95  
Crispy pepper-dusted chicken tossed with freshly-ground guntur masala in a spicy tomato onion masala

**JALFREZI** €12.45  
Delightfully flavourful curry with tender chunks of chicken in a spicy tomato-based sauce with stir-fried peppers, onions, garlic and ginger

**GOA GINGER** €12.45  
A light, cleansing curry with tomato, fresh ginger and spinach. Deliciously delicate

**BHUPAL'S VILLAGE CHICKEN** €12.45  
Succulent thigh meat infused with fresh green herbs

## BIRYANI

A fluffy rice dish, bursting with flavours of cinnamon, star anise, cardamom, fresh mint and coriander. Served with house curry sauce

**CHICKEN** (k) €14.95  
**PRAWN** (k)(s) €16.95  
**LAMB** (k) €16.95  
**VEGETARIAN** (k) €13

## TANDOOR

*All marinated in freshly-ground spice blends, then chargrilled in the searing heat of a traditional tandoor oven*

**BHATTI TIKKA** €9  
Grilled chicken thighs on the bone, marinated in aromatic spices, then grilled in the tandoor oven (m)(k)

**CHICKEN TIKKA** €6.50/€9.50  
Chicken pieces, marinated in spiced yoghurt, ginger and garlic (m)(k)

**NILGIRI TIKKA** €7/€10  
Chicken pieces, marinated in spiced yoghurt, ginger, garlic, fresh mint, coriander and green chilli (m)(k)

**TANDOORI CHICKEN** €13.95  
Tender spiced chicken on the bone. Best eaten with hands! (m)(k)

**SEEKH KEBAB** €8.50/€11.50  
Finest Irish minced lamb mixed with fresh herbs and our freshly-ground spice blend (k)

### LAMB

**KERALA PEPPER FRY** €14.45  
A fiery, dry, curry with whole black pepper, ginger and garlic (m)

**CHETTINAD** €14.45  
A rich curry with coconut, mustard seeds, star anise and black pepper (m)

**ROGAN JOSH** €14.45  
Wonderfully robust lamb curry with punchy flavours of fresh chilli, ginger and aromatic spices

### PRAWN & FISH

**KERALA COCONUT** €14.45  
King prawn in a coconut and black pepper curry - tempered with curry leaves and mustard seeds (s)(m)

**JALFREZI** €14.45  
Delightful curry with king prawns in a spicy tomato-based sauce with peppers, onions, garlic and ginger (s)

**MOILEE** €14.45  
King prawns, in coconut milk with mild coastal spices (s)(m)

**MEEN MANGA** €14.45  
Traditional Kerala coconut fish curry infused with fresh mango. Sweet, sour, tangy deliciousness (m)

### VEGGIE

**CHANA SAAG** €11  
A tangy dish of chickpeas and spinach with cumin, fennel and spice. A festival favourite (v)

**HOUSE BLACK DAL** €12  
An earthy, luscious black lentil curry (k)

**DEADLY DAL** €11  
A hearty mix of four lentils, tempered with garlic, cumin and whole red chilli (v)

**JALFREZI** €11.50  
Fresh seasonal vegetables in a tangy tomato sauce, with fiery green chillies (v)

**HOME-STYLE AUBERGINE** €11.50  
Aubergine in a tangy onion and tomato sauce, with a touch of yoghurt (k)(m)

**SAAG PANEER** €12  
A rich, vibrant, spinach curry studded with cubes of mild, fresh Indian cheese. Healthy and hearty (k)

**CHANA MASALA** €11  
A zingy chickpea and tomato curry. Simple and lively (v)(m)

**ROADSIDE BEAN** €11  
A velvety, vegan, black-eyed bean curry, tempered with smoky cumin (v)

## SNACKS & SIDES

**ONION BHAJI X 2** €4.95  
Handmade spiced onion balls (v), with mint chutney (k)

**VEG SAMOSA X 2** €4.95  
Tasty potato and pea in pastry parcels with mint chutney (g)

**CHICKEN 65** €8/€13  
Chicken pieces, bursting with spice - topped with red onion & fresh coriander

**BROCCOLI JHINGA** €13.50  
King prawns and broccoli - spiked with black pepper, garlic and curry leaves (s)(m)(k)

**KUCHUMBER** €4.50  
Tomato, red onion & cucumber - a zingy little salad to add to any dish (v)

**GUNPOWDER ALOO CHAAT** €8  
Cubes of potato, tossed in fiery south Indian spice - topped with yoghurt and fresh pomegranate (k)

**RICE**  
Steamed basmati (v) €2.45  
Pulao (v) €2.50  
Lemon (m) €3.50  
Brown (v) €3

**NAAN**  
Plain (g)(v) €3  
Butter (k)(g) €3.20  
Garlic & coriander (k)(g) €3.50  
Peshwari (k)(g)(a) €3.95

**MASALA KISSED FRIES** €5  
Mildly-spiced skinny fries (m)(v)

**ROTI**  
Wholemeal flatbread (g)(v) €2.50

**POPPADOMS** (v) €1.50  
**POPPADOMS & 2 DIPS** (k) €3

**HOUSE DIPS** €1.50 EACH  
Raita (k)  
Mango chutney (v)  
Tamarind chutney (v)(m)(p)  
Mint chutney (k)

## KERALA KIDS

**CHANA MASALA** €7  
A healthy, simple, chickpea curry (v)(m)

**TIKKA MASALA** €8.50  
Mild, sweet chicken curry (k)

**CHICKEN TIKKA** €7.50  
Chicken pieces, marinated in spiced yoghurt, ginger and garlic (m)(k)

*All served with steamed basmati rice*

**PLEASE NOTE:** Most of the major allergens are present in our kitchen and cross contamination is possible. Kerala Kitchen does not guarantee that dishes will be free from allergens and orders are placed by the customer with the assumption of this risk

**CONTAINS:** Mustard (m), Almonds (a), Shellfish (s), Sulphur (p), Gluten, wheat (g), Milk (k) **VEGAN:** (v)